

Building Forward

October 20, 2023

9:00 am – 10:30 am



DHCS Welcome

Ilana Rub, Chief

**Behavioral Health Bridge Housing
Section**

Community Services Division

Department of Health Care Services

Building Forward: Agenda



- » Welcome, Ilana Rub
- » Marlies Perez - Vision of BHB Program
- » The Learning Collaborative in Review
- » Counties into Action
 - Café Conversations
- » Building Collectively and Taking Care of Ourselves, Agencies and Our Communities
- » Next Steps and Closing



Vision of BHBH Program

Marlies Perez, Chief

Community Services Division

Department of Health Care Services

What have we covered?

Day 1

Key question

- What's your definition of community?
- What are some things that help you feel part of a community?
- How can we incorporate these concepts into our projects?

Rural Homelessness

1. About 80% of California's land mass is rural, but home to only about 6% of Californians.
2. 39% of the U.S. population of unsheltered families with children are rural.
3. Nationally, rural CoCs had the highest percentage of unaccompanied youth (under 18) experiencing homelessness (12%).
4. Overall lack of resources including health care, transportation, employment & education
5. Intergenerational roots to the community



Outreach and Engagement

"Outreach and Engagement seeks to build a **relationship of trust and care** with those who present with unusual challenges and are most difficult to serve. The process can take days, weeks, months, and even years. The worker must be present in a variety of ways with the individual. In brief moments and over long hours, on an unpredictable schedule, as the person is ready. While this model has a certain simplicity and elegance, it is an abstraction from the many earthy, involved steps which lead from the street to stability."

– Craig Rennebohm, National Healthcare for the Homeless Council

Polls

Do you currently have recovery housing in your community?

Are you planning on recovery housing as part of your BHBH Program?



About Harm Reduction

- Harm reduction is about safety & health: sunscreen, seat belts, speed limits, cigarette filters - lots of behaviors come with risk & potential harm
- Offers services without judgement, coercion, or preconditions
- "Abstinence only" doesn't work for everyone and puts people in a win/lose dichotomy that can become fatal
- Harm reduction is client-centered, strengths-based & trauma-informed



Benefits of Landlord Engagement

- Ready access to pool of units
- Quicker placement of clients
- Lower barriers to entry
- Long-term stability in units where landlords are less quick to evict



Day 2

CaAIM and Behavioral Health

- » CaAIM includes several initiatives focused on improving the Medical behavioral health delivery system
- » Other initiatives are not behavioral health specific but will interact with beneficiaries in the behavioral health delivery system
- » Initiatives launch at different times – from Jan 1, 2022, through 2027
- » DHCS continues to publish state guidance related to these initiatives on its [website](#)

My organization's well-being initiatives currently

focus on:

- » Mandatory/closed for lunch
- » Regular organization-wide "playtime"
- » Regular work-life discussions in supervision
- » No work on weekends/vacation
- » Time management
- » Wellbeing apps/technology
- » Restorative break room
- » None
- » Other

Poll

What is Housing Navigation?

A key service required in all BHBH Programs that helps clients remove barriers and move into housing

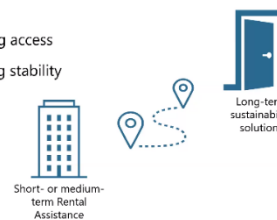
Homelessness and Racial Disparities

Causes of Homelessness

- » Segregation/Rental Housing Discrimination
- » Incarceration
- » Access to Quality Health Care

Goals of Rental Assistance

- » Immediate housing access
- » Long-term housing stability



Major Federal-Level Investments in Behavioral Health and Housing



Discussion Quest

» Which of the required Rental Assistance policy elements would you like to dive into today? Where are you having challenges or questions?

- Required elements:
- » Calculation of rental assistance
 - » Clear eligibility requirements for people and units
 - » Fraud prevention
 - » Payments to property owners/managers
 - » Supportive services and resources for those receiving rental assistance
 - » Access to onsite supportive services

AB 977 Background

- AB 977 requires grantees of state funded homelessness programs, including BHBH, to enter data into their local Homeless Management Information System (HMIS).
- AB 977 requires grantees of these programs to enter the HMIS Universal Data Elements (UDEs) and Common Data Elements (CDEs) into HMIS.
- Projects should be set up in a timely manner so that client data can be entered as close to when clients started being served by the project/funding.
 - Ideally, projects will be set up in HMIS before the project starts serving clients (if it is a new project).

What are the benefits of involving PWLE in program development and implementation?

People with lived experience can:

- Identify potential gaps
- Suggest interventions and solutions
- Present more inclusive practices
- More directly connect with clients and the community



Hotel

- Several floors
- Internal corridors
- Common spaces

Motel

- 1-2 Floors
- Exterior corridors
- Few or no common spaces



Day 3

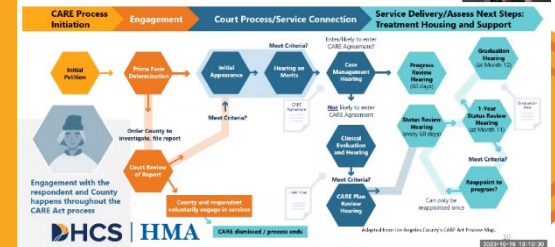
BHBH Auxiliary Funding for Assisted Living

- Bridge housing is short- and mid-term residential settings with the goal to connect individuals to long-term housing stability
- Assisted living facilities can serve as an important piece of the continuum of care for individuals who need 24/7 nonmedical care and have a serious behavioral health condition

- Bridge housing categories include:
 - Shelter/interim housing
 - Rental assistance
 - Auxiliary funding for assisted living



What Does the Court Process Look Like?



Key question

- Are you using BHBH funds to build on existing efforts to provide auxiliary funding to assisted living facilities or will you be standing up an entirely new program?
- How are you planning to ensure BHBH funds are not duplicative of or supplanting other funds?



Building Meaningful BHBH Partnerships

- Setting the stage
- Engage key Stakeholders and local partners.
- Define Shared Goals
- Identify Strategies and Jointly Monitor Outcomes



Counties into Action



BHBH Program Purpose and Priorities

The following priorities drive the implementation of the BHBH Program:

- » The need is critical, and the **focus is on immediate solutions.**
- » **Collaboration** will complement ongoing state, county, and Tribal efforts to address homelessness.
- » BHBH Program settings will **provide supportive services and housing navigation** to assist people who have serious behavioral health conditions (serious mental illness and/or substance use disorders) and are experiencing homelessness.

BHBH Program Services

Service Category	Number of Counties
Shelter/Interim Housing	46
Rental Assistance	32
Auxiliary Funding in Assisted Living	30
Includes Funding for Start-up Infrastructure	33
Includes Funding for Outreach	19

Shelter/Interim Housing

- » Alameda County
- » Amador County
- » Calaveras County
- » Colusa County
- » Contra Costa County
- » Del Norte County
- » El Dorado County
- » Fresno County
- » Glenn County
- » Humboldt County
- » Imperial County
- » Lake County
- » Los Angeles County – DMH
- » Los Angeles County – SAPC
- » Madera County
- » Marin County
- » Mendocino County
- » Modoc County
- » Monterey County
- » Napa County
- » Nevada County
- » Orange County
- » Placer County
- » Riverside County
- » Sacramento County
- » San Benito County
- » San Bernardino County
- » San Francisco County
- » San Joaquin County
- » San Luis Obispo County
- » San Mateo County
- » Santa Barbara County
- » Santa Clara County
- » Santa Cruz County
- » Shasta County
- » Siskiyou County
- » Solano County
- » Sonoma County
- » Stanislaus County
- » Sutter/Yuba County
- » Tehama County
- » Trinity County
- » Tulare County
- » Tuolumne County
- » Ventura County
- » Yolo County

Rental Assistance

- » Alameda County
- » Calaveras County
- » Colusa County
- » Contra Costa County
- » Del Norte County
- » El Dorado County
- » Fresno County
- » Humboldt County
- » Imperial County
- » Kern County
- » Lake County
- » Lassen County
- » Los Angeles County – DMH
- » Mendocino County
- » Modoc County
- » Merced County
- » Napa County
- » Orange County
- » Placer County
- » Sacramento County
- » San Benito County
- » San Joaquin County
- » San Luis Obispo County
- » San Mateo County
- » Santa Barbara County
- » Santa Clara County
- » Shasta County
- » Solano County
- » Trinity County
- » Tuolumne County
- » Ventura County
- » Yolo County

Auxiliary Funding in Assisted Living

- » Alameda County
- » Amador County
- » Butte County
- » Calaveras County
- » Colusa County
- » Contra Costa County
- » Del Norte County
- » El Dorado County
- » Glenn County
- » Humboldt County
- » Lake County
- » Marin County
- » Mendocino County
- » Modoc County
- » Napa County
- » Orange County
- » Placer County
- » Riverside County
- » Sacramento County
- » San Bernardino County
- » San Diego County
- » San Francisco County
- » San Joaquin County
- » Santa Barbara County
- » Santa Clara County
- » Stanislaus County
- » Sutter-Yuba County
- » Trinity County
- » Tulare County
- » Tuolumne County
- » Ventura County

Café Conversations

Breakout Sessions

County-to-County Exchange



Name, role, county



What your county is doing with the BHBH funding



What thing you are particularly excited about



What thing that you are concerned about



After go around – ask questions of each other and discuss areas excited and concerned.



Be prepared to share one (group) excitement and one concern back to the full meeting.

Building Collectively and Taking Care of Ourselves, Agencies and Our Communities

I We Us

Social Exclusion

Overall, social exclusion describes a state in which individuals are unable to participate fully in economic, social, political and cultural life, as well as the process leading to and sustaining such a state.



Page 14, United Nations, Leaving no one behind: the imperative of inclusive development Report on the World Social Situation, 2016 www.un.org/esa/socdev/rwss/2016/full-report.pdf

Mechanisms Linking Social Exclusion to Homelessness

Systemic Pathways

- Current discrimination
- Past discrimination
- No access
- Differential rates of imprisonment

Individual Pathways

- Economic capital
- Human capital/ Disability
- Social capital
- Life transitions

Cultural Iceberg

(Adapted from Edward T. Hally, *Beyond Culture*, 1976)

VISIBLE

- * language * food
- * physical attributes * behaviors *
- * customs * clothing * gender *

NOT VISIBLE ON THE SURFACE

- * assumptions * perceptions * biases
- * values * thought patterns * politics * beliefs
- * intelligence * learning style * concept of trust
- * income * habits * desires * skills
- * imagination * character * moods
- * world view * sense of purpose *



Why Strength-based?

- » Dignity and respect matter
- » Purpose and meaning in life are key motivators
- » Hope is a foundation of recovery
- » It builds self-efficacy
- » Success begets success



Relationship Building



Cross-Systems Collaboration

1. Set the Stage for Collaboration (understand everyone's mandates; identify resources, gaps, barriers)
2. Engage Key Stakeholders (establish structures, who is missing, who contributes what) who is missing)
3. Define Shared Goals (policies, practices, values)
4. Identify Strategies and Monitor Outcomes (workplans, timelines, daily practices, problem-solving)

William Bridges — Transitions

Endings

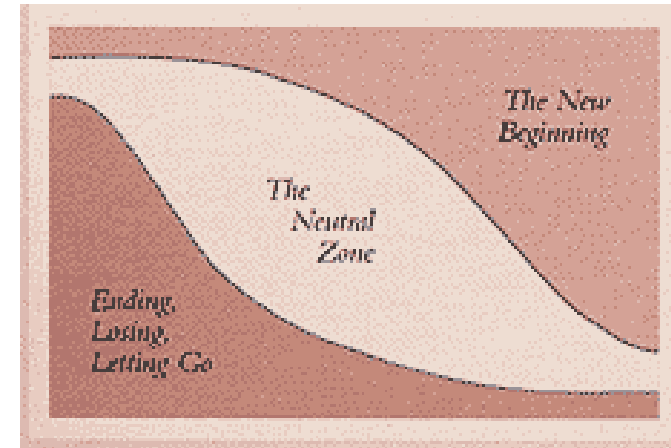
- » Mark the ending, let people grieve, let people bring something forward
- » Don't criticize past, call legacy built on

Neutral Zone

- » Uncertainty & increased anxiety
- » People feel over-loaded, communication, emotions, structure and small wins

New Beginnings

- » 4 Ps: Leaders offer: Purpose, Picture, Plan, Part
- » Celebrate successes
- » Renew



CHANGE is hard for everyone.



in the case of a change in cabin pressure, be sure to place the oxygen mask over your own face first before assisting anyone else



Humans Need Four Sources of Energy

PHYSICAL

quantity of your energy

EMOTIONAL

quality of your energy

MENTAL

focus of your energy

HUMAN SPIRIT

energy derived from purpose



The Energy Project

<http://theenergyproject.com/>

Moving Forward - Logistics



BHBH Moving Forward - Admin

Contracts and Invoices

County Liaison monthly calls

Initial quarterly report (brief narrative)

BHBH Program Plan

Initial policies and procedures

TTA Resources

- » BHBH Program Plan instructions and webinar
- » Ongoing Real Estate Office Hours
- » Working meetings and webinars
- » 1/2 day virtual learning collaborative in January
- » Customized TTA as requested
- » Resources on the Hub and resource library
- » More advisement and TTA on AB 977 Implementation
- » More opportunities for collaboration



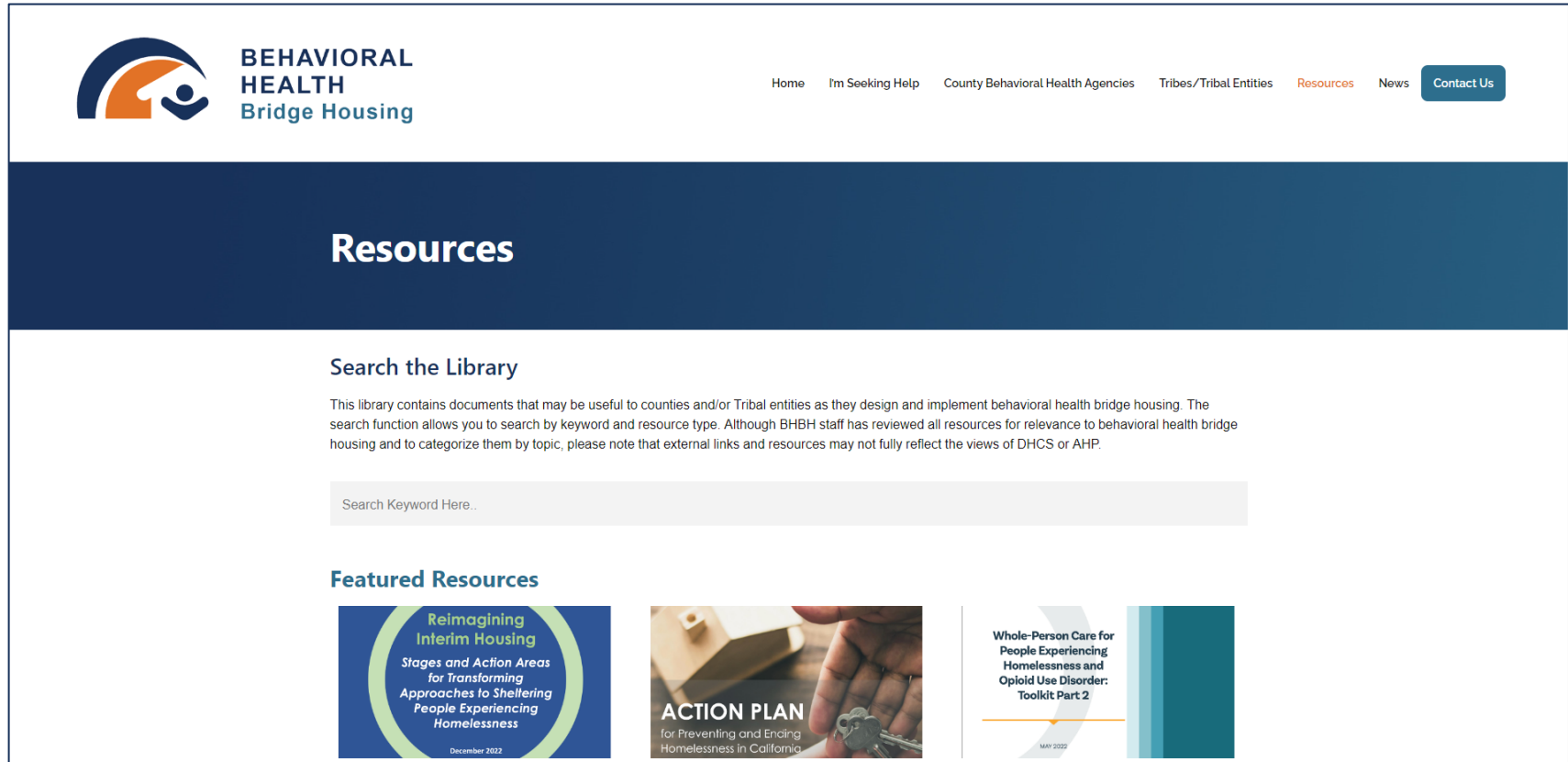
Apple Blossom by Louis MacNeice



Thank You



Behavioral Health Bridge Housing Resource Library



The screenshot shows the website's header with the logo on the left and a navigation menu on the right. The main content area features a dark blue banner with the word "Resources" in white. Below this is a section titled "Search the Library" with a paragraph of introductory text and a search input field. The "Featured Resources" section displays three resource cards: "Reimagining Interim Housing", "ACTION PLAN for Preventing and Ending Homelessness in California", and "Whole-Person Care for People Experiencing Homelessness and Opioid Use Disorder: Toolkit Part 2".

BEHAVIORAL HEALTH Bridge Housing

Home | [I'm Seeking Help](#) | [County Behavioral Health Agencies](#) | [Tribes/Tribal Entities](#) | [Resources](#) | [News](#) | [Contact Us](#)

Resources

Search the Library

This library contains documents that may be useful to counties and/or Tribal entities as they design and implement behavioral health bridge housing. The search function allows you to search by keyword and resource type. Although BHBH staff has reviewed all resources for relevance to behavioral health bridge housing and to categorize them by topic, please note that external links and resources may not fully reflect the views of DHCS or AHP.

Search Keyword Here..

Featured Resources

- Reimagining Interim Housing**
Stages and Action Areas for Transforming Approaches to Sheltering People Experiencing Homelessness
December 2022
- ACTION PLAN**
for Preventing and Ending Homelessness in California
- Whole-Person Care for People Experiencing Homelessness and Opioid Use Disorder: Toolkit Part 2**
MAY 2022